
First-Semester Recommended Courses for First-Years

This is a general guide to the courses offered in the fall that first-years should consider taking. For each GE, we have listed courses being offered that will satisfy that requirement. This is not an exhaustive list, but it will help you decide which courses to take in your first semester. Please note that some courses listed below may be full. Check the “Seats Open” and “Status” columns when you are reviewing courses on the portal to see if there is room in the course.

First-Year Seminars

First-years must complete both during the first year – one in each semester.

- Freshman Humanities Seminar (FHS 010 CM)
- Freshman Writing Seminar (FWS 010 CM)

Math and Computer Science

Calculus and computer science courses can be taken at any of the Claremont Colleges. You can find these courses by using the course area “CMC Mathematics GE” on the [portal](#). Please note that some courses may be full.

- Calculus I (MATH030)
- Calculus II (MATH031)
- Calculus III (MATH032)
- Computing for the Web (CSCI040 CM)

Lab Science Courses

All students should complete the laboratory science GE requirement by the end of their sophomore year.

Students in the Class of 2028 must take:

- The Codes of Life (SCI 010L CM)

Students in the Classes of 2025, 2026, and 2027 (including transfer students), should refer to the [Kravis Department of Integrated Sciences \(KDIS\) website](#) for information about options for fulfilling the science GE requirement.

CMS Varsity Sports

All varsity athletes playing a fall sport should register for their sport. Varsity athletes playing a spring sport should register for their sport in the spring. You can find these courses by using the course area “CMS Varsity Sports” on the [portal](#).

- Basketball (Men) (PE 105 JP)

- Basketball (Women) (PE 107 JP)
- Cross-Country (Men and Women) (PE 110 JP)
- Football (PE 120 JP)
- Soccer (Men) (PE 135 JP)
- Soccer (Women) (PE 140 JP)
- Volleyball (Women) (PE 160 JP)
- Water Polo (Men) (PE 165 JP)

Language Courses

The foreign language GE can be satisfied at any of the Claremont Colleges. Any course marked with an asterisk (*) satisfies the foreign language GE. The results of your language placement exam will determine which course you should take.

Students who have studied a foreign language not offered at The Claremont Colleges should contact the chair of the department to arrange for testing. Students with demonstrated native proficiency in a language which is not offered for testing at The Claremont Colleges may satisfy the foreign language requirement using one of the methods outlined in the [Catalog](#).

Arabic

- Introductory Arabic (ARBC001 CM)
- Intermediate Arabic (ARBC033 CM)*

Chinese

- Elementary Chinese (CHIN001A PO)
- Elementary Chinese for Bilinguals (CHIN002 PO)
- Intermediate Chinese (CHIN051A PO)*

French

- Introductory French (FREN001)
- Continuing Introductory French (FREN002)
- Intensive Intermediate French (FREN022)
- Intermediate French (FREN033)*

German

- Introductory German (GERM001)
- Intermediate German (GERM033)*

Greek

- Accelerated Intro to Classical Greek (GREK022 PO)
- Intermediate Greek (GREK033 PO)*

Italian

- Introductory Italian (ITAL001)
- Continued Introductory Italian (ITAL002)
- Intermediate Italian (ITAL033)*

Japanese

- Elementary Japanese (JAPN001A)
- Intermediate Japanese (JAPN051A)*

Korean

- Introductory Korean (KORE001)
- Intermediate Korean (KORE033)*

Latin

- Accelerated Introductory Latin (LATN022 PO)
- Intermediate Latin (LATN033 PO)*

Portuguese

- Introductory Portuguese (PORT001)
- Intermediate Portuguese (PORT033)*

Russian

- Elementary Russian 1 (RUSS001)
- Intermediate Russian (RUSS033)*

Spanish

- Introductory Spanish (SPAN001)
- Intensive Introductory Spanish (SPAN022)
- Intermediate Spanish (SPAN033)*

Social Science General Education Courses

All students must take a course in at least 3 social science disciplines outside their major.

Economics GE

- Principles of Economics Analysis (ECON050 CM)

Government GE

- Introduction to American Politics (GOVT020 CM)

History GE

You can find these courses by using the course area “CMC History GE” on the [portal](#). Please note that some courses may be full.

- Bread and Circuses in Ancient Rome (HIST054 CM)
- The Middle East: From Muhamad to the Mongols (HIST055 CM)
- The Making of Early Modern Europe 1300-1800 (HIST072 CM)
- Human Rights in Latin America (HIST097 CM)
- Freshman Honors Seminar – Race, Gender, and Policy (HIST100 CM)
- Topics in American History – Latinx Immigration (HIST112A CM)
- Kings Consuls and Courtiers (HIST115 CM)
- Women and Politics in America (HIST119 CM)
- History of the American West (HIST123 CM)
- Genocide and Human Rights in 20th Century Europe (HIST132 CM)
- Culture and Society in Weimar and Nazi Germany (HIST139E CM)
- African American History Since Reconstruction (HIST150 CM)
- Jane Austen’s Britain (HIST151 CM)
- Japanese Empire (HIST158 CM)
- Modern Korean History (HIST161 CM)
- Introduction to Modern South Asia (HIST168 CM)
- Topics in Asian History – Gender and History in South Asia (HIST169 CM)
- Global Borderlands (HIST173 CM)
- Early American Families (HIST176 CM)
- Researching the Holocaust (HIST179 CM)
- Advanced Topics in American History – Labor/Race/Inequality in the U.S. (HIST196 CM)

Psychology GE (Course Area “CMC Psychology GE”)

You can find these courses by using the course area “CMC Psychology GE” on the [portal](#). Please note that some courses may be full.

- Introduction to Psychology (PSYC030 CM)
- Organizational Psychology (PSYC037 CM)
- Cognitive Psychology (PSYC040 CM)
- Behavioral Psychology (PSYC065 CM)
- Psychological Disorders (PSYC070 CM)
- Social Psychology (PSYC092 CM)
- Sensation and Perception (PSYC097 CM)

Humanities General Education Courses

All students must take a course in at least 2 humanities disciplines outside their major.

Foreign Literature GE

- Advanced French (FREN044)
- Advanced Latin Readings (LATN044)
- Advanced Spanish (SPAN044)

Literature GE

You can find these courses by using the course area “CMC Lit Humanities GE” on the [portal](#). Please note that some courses may be full.

- Introduction to Creative Writing (LIT 031 CM)
- Creative Journalism (LIT 034 CM)
- Poetry Writing (LIT 037 CM)
- Fiction Writing (LIT 038 CM)
- British Writers I (LIST 057 CM)
- American Writers to 1900 (LIT 060 CM)
- Shakespeare’s Comedies (LIT 066 CM)
- Emily Dickinson (LIT 090 CM)
- Becoming Elizabeth Bishop (LIT 093 CM)
- T.S. Eliot and His Circle (LIT 097 CM)
- Special Topics in Literature – Children’s Literature (LIT 099 CM)
- Literary Theory Since Plato (LIT 100 CM)
- The Romantic Revolution (LIT 118 CM)
- African American Literature (LIT 129 CM)
- Film and Mass Culture (LIT 138 CM)
- Film Theory (LIT 139 CM)
- Literature and the Brain (LIT 148 CM)
- Europe and India: Literature in Conversation (LIT 154 CM)
- African Literature (LIT 162 AF)
- James Joyce (LIT 182 CM)

Philosophy GE

You can find these courses by using the course area “CMC Philosophy GE” on the [portal](#). Please note that some courses may be full.

- Introduction to Philosophy: Philosophical Questions (PHIL030 CM)
- Introduction to Philosophy: Philosophy of Science (PHIL031 CM)
- Introduction to Philosophy: Moral and Political Issues (PHIL034 CM)
- Introduction to Philosophy: Science, Technology, and Human Values (Honors) (PHIL035H CM)
- Introduction to Philosophy: Reason and Reality (PHIL038 CM)

Religious Studies GE

You can find these courses by using the course area “CMC Religious Studies GE” on the [portal](#). Please note that some courses may be full.

- History of World Christianity (RLST037 CM)
- Christianity and Medicine (HIST038 CM)
- Sikhism (RLST045 CM)

- Jews Among Greeks and Romans (RLST056 CM)
- The End of the World As We Know It (RLST058 CM)
- Religion and Politics in Israel (RLST093 CM)
- Hinduism and South Asian Culture (RLST102 CM)
- Religion, Politics and Global Violence (RLST166B CM)
- Religion and Film (RLST171 CM)